

Putting on Sunscreen



Don't forget your Sunscreen!



How to put on sunscreen

1



Put a little on your hand.

2



Rub your hands together.

3



Rub the sunscreen over your body.

Where to apply sunscreen

**Face and neck
(don't forget
your nose!)**

**Arms and
shoulders**

**Back (Ask a
friend for
help)**

Ears

**Chest and
Stomach**

Legs

Feet

