

All About Me



How can you support me in kindergarten?

My Name is:

I can't wait to join your class next year.

Do you want to know more about me?

I am in the green zone and ready to learn when I



To help me learn, you can

I am in the yellow zone and too excited, out of control when I



To help me slow down, you can

I am in the red zone and angry when I



To help me calm down, you can

I am in the blue zone and sad or tired when I



To help me stay engaged, you can